

Alzheimer's Day 2023

Every year, on September 21st, the world comes together to observe Alzheimer's Day, a day dedicated to raising awareness about Alzheimer's disease and related dementias. It's a time to reflect on the impact of this condition on individuals, families, and society as a whole, and to recommit ourselves to the cause of providing support, understanding, and hope.

Alzheimer's disease is a global health crisis, affecting millions of people. According to the World Health Organization (WHO), dementia, including Alzheimer's disease, is a major cause of disability and dependency among older adults. As our population ages, the number of individuals living with Alzheimer's is expected to increase significantly.

Therefore, commemorating Alzheimer's Day increases public knowledge and understanding about this disease. Awareness is a crucial first step in addressing the challenges posed by this condition. By spreading information about the signs and symptoms, risk factors, and available support, individuals are empowered to undergo early diagnosis and to seek help.

Let us mark this Alzheimer's Day with compassion and a shared commitment to creating a world where the impact of Alzheimer's is reduced.

21 September 2023